

Trainingsplan TTC München



TP 26-2.xlsx

| Zeit  | Montag                       |                                 |                               | Dienstag            |           |        | Mittwoch                   |                             |        | Donnerstag                |        |                              | Freitag                       |                           |                                  | Samstag |        |        | Sonntag |        |                           | Zeit  |
|-------|------------------------------|---------------------------------|-------------------------------|---------------------|-----------|--------|----------------------------|-----------------------------|--------|---------------------------|--------|------------------------------|-------------------------------|---------------------------|----------------------------------|---------|--------|--------|---------|--------|---------------------------|-------|
|       | Saal 1                       | Saal 2                          | Saal 3                        | Saal 1              | Saal 2    | Saal 3 | Saal 1                     | Saal 2                      | Saal 3 | Saal 1                    | Saal 2 | Saal 3                       | Saal 1                        | Saal 2                    | Saal 3                           | Saal 1  | Saal 2 | Saal 3 | Saal 1  | Saal 2 | Saal 3                    |       |
| 08:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 08:00 |
| 08:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 08:30 |
| 09:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 09:00 |
| 09:30 |                              |                                 |                               |                     |           |        |                            |                             |        | Vermietet<br>Muna-Isa Fit |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 09:30 |
| 10:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 10:00 |
| 10:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 10:30 |
| 11:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 11:00 |
| 11:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 11:30 |
| 12:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 12:00 |
| 12:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 12:30 |
| 13:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 13:00 |
| 13:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 13:30 |
| 14:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 14:00 |
| 14:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 14:30 |
| 15:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 15:00 |
| 15:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 15:30 |
| 16:00 | Hip-Hop Kids 2<br>9-11 J. 23 | Break-dance 6-9 J. 37           |                               |                     |           |        | Dancerellas 1<br>3-4 J. 24 |                             |        |                           |        |                              | Hip-Hop Kids 1<br>6-8 J. 20   |                           |                                  |         |        |        |         |        | Solo-Standard 14-tägig 10 | 16:00 |
| 16:30 | Contemporary Teens 61        | Break-dance 10-16 J. 39         | Kinderballett 7-9 Jahre 84    |                     |           |        | Dancerellas 2<br>5-6 J. 25 | Dancerellas 3<br>4-6 J. 25b |        | Kids Dance 6-7 J. 34b     |        | Tanzmäuse I<br>3-5 Jahre 2a  | Hip-Hop Kids 3<br>12-14 J. 21 |                           |                                  |         |        |        |         |        |                           | 16:30 |
| 17:00 |                              |                                 |                               |                     |           |        | Kids Dance 6-7 J. 34a      |                             |        | Kindertanz 7-9 J. 26b     |        | Tanzmäuse II<br>6-7 Jahre 2b |                               |                           |                                  |         |        |        |         |        |                           | 17:00 |
| 17:30 | Modern Dance Anfänger 62     |                                 | Kinderballett 10-13 Jahre 87  |                     |           |        | Kindertanz 7-9 J. 26a      |                             |        |                           |        |                              | Hip-Hop Junioren ab 15 J. 22  | K-Pop 18                  |                                  |         |        |        |         |        | Vorturnier Latein 5       | 17:30 |
| 18:00 |                              |                                 |                               |                     |           |        |                            |                             |        | Teen Jazz 10-12 J. 27     |        |                              | Jugend Anfänger 3             |                           |                                  |         |        |        |         |        |                           | 18:00 |
| 18:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 18:30 |
| 19:00 |                              | Turniergruppe Standard D/C 1A   | Line Dance Anfänger 51        |                     |           |        | JMD 2 ab 16 J. 31          |                             |        |                           |        |                              | Contemporary Jazz 1 30        |                           |                                  |         |        |        |         |        | Vorturnier Standard 6     | 19:00 |
| 19:30 |                              |                                 |                               |                     |           |        |                            |                             |        | JMD 1 13-15 J. 28         |        |                              | Turniergruppe Latein D/C 1B   |                           |                                  |         |        |        |         |        |                           | 19:30 |
| 20:00 |                              | gemeinsame Practice             | Line Dance Mittelstufe 52     | JMD-Technik 32      | GK Di1 11 |        |                            |                             |        | Sassy Jazz 35             |        |                              | gemeinsame Practice           |                           |                                  |         |        |        |         |        |                           | 20:00 |
| 20:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 20:30 |
| 21:00 |                              | Turniergruppe Standard B/A/S 1A | Line Dance Fortgeschritten 53 | Hip-Hop Erwachs. 19 | GK Di2 12 |        |                            |                             |        | Body Work 44              |        |                              | Turniergruppe Latein B/A/S 1B | Rückenfit & Stretching 41 | Modern Dance Fortgeschrittene 36 |         |        |        |         |        |                           | 21:00 |
| 21:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 21:30 |
| 22:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 22:00 |
| 22:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 22:30 |
| 23:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 23:00 |
| 23:30 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 23:30 |
| 00:00 |                              |                                 |                               |                     |           |        |                            |                             |        |                           |        |                              |                               |                           |                                  |         |        |        |         |        |                           | 00:00 |

Kein organisiertes Training in den Sommer- und Weihnachtsferien oder an Feiertagen  
Saal 1 = kleiner Saal 2.OG mit Bar    Saal 2 = großer Saal 2. OG    Saal 3 = mittlerer Saal 1. OG

gültig ab 01.10.2026  
Schülke / TP 26-2.xlsx / 09.10.2026